

South Heidelberg Township Summer Playground Program Health and Safety Procedures

Updated May 14, 2021

The document containing these procedures may change based on changes to the CDC guidelines and recommendation

PREVENTION

To prevent the spread of COVID-19 South Heidelberg Township will:

- Require sick children and staff to stay home.
- Require anyone with COVID-19 symptoms to stay home.
- Not allow staff and/or children to participate in playground if:
 - They have tested or screened positive for COVID-19 symptoms.
 - They have recently had potential exposure with a person with COVID-19.
 - A potential exposure means being in a household or having close contact within 6 feet of an individual with a confirmed or suspected COVID-19 case for at least 15 minutes during the case's infectious period.
 - Persons with COVID-19 are considered infectious from 2 days before onset of symptom until the end of isolation.
- Require social distancing at all drop-off and pick-up of children
- Purchase adequate supplies to support hand hygiene behaviors and routine cleaning of objects and surfaces.

To prevent the spread of COVID-19 our playground staff will:

- Wash their hands often with soap and water. If soap and water are not readily available, they will use an alcohol-based hand sanitizer with at least 60% alcohol.
- Ensure that children hands are washed often with soap and water after activities or use of alcohol-based hand sanitizer with at least 60% alcohol is used.
- Clean and disinfect frequently touched surfaces.
- Cover their mouth and nose with a face covering when social distancing is not possible

To prevent the spread of COVID-19 playground children will:

- Practice proper hand hygiene and respiratory etiquette.
- Practice social distancing during activities.

SOUTH HEIDELBERG TOWNSHIP COVID-19 STRATEGIES:

Face Coverings

- South Heidelberg Township will NOT be mandating that children wear a face covering outside.

Parent Drop-Off and Pick-Up

- Drop-Off times will be 9:00 AM. If you cannot drop-off your child during these times please notify the Playground Coordinator.
- Pick-Up Times will be 1:00 PM
- Parents/Guardians who are not vaccinated must wear a mask on playground property, including in the parking lot and at drop-off and pick-up.
- Please be mindful of other parents dropping off and picking up.

Cleaning, Sanitizing and Disinfecting

- Surfaces and objects that are frequently touched, especially toys and games will be routinely cleaned, sanitized, and disinfected.

Healthy Hand Hygiene Behavior

All children and staff will engage in hand hygiene at the following times:

- Arrival to the facility and before departure.
- Before and after preparing food or drinks
- Before and after eating or handling food, or feeding children
- After using the toilet or helping a child use the bathroom
- After coming in contact with bodily fluid
- After handling garbage
- Hands will be washed with soap and water for at least 20 seconds. If hands are not visibly dirty, alcohol-based hand sanitizers with at least 60% alcohol can be used if soap and water are not readily available.
- Children will be supervised when they use hand sanitizer to prevent ingestion.
- Staff will assist children with hand washing.
- After assisting children with hand washing, Staff will also wash their hands.

SOUTH HEIDELBERG TOWNSHIP COVID-19 STRATEGIES:

A Sick Child or Staff Member

- Any child or staff member that has a fever of 100.4 or shows symptoms of COVID-19 will be sent home immediately.
- Sick children must be picked up within 30 minutes of being notified.
- A positive COVID-19 screening would consist of the following set of symptoms:
 - **Two** of the following: fever, chills, rigors, myalgia, rash, headache, sore throat, congestion/runny nose, vomiting, diarrhea, new olfactory and taste disorder(s) **OR**
 - At least **one** of the following symptoms: cough, shortness of breath, or difficulty breathing
- Any children or staff member that has been sent home with a fever AND/or COVID-19 symptoms must perform home self-isolation in accordance with the CDC recommendations. Those children and staff members must follow the “**Discontinuing at Home Isolation**” guidance below for returning to the South Heidelberg Township Playground Program.
- If any staff member or child is sent home with a fever **ONLY**, they may return after 48 hours as long as they are fever free without the use of medication and COVID-19 symptom free.

If COVID-19 is confirmed in a child or staff member:

- All families who are currently enrolled will be notified via email.
- South Heidelberg Township will report the positive COVID-19 case to the Department of Health (DOH) and the PA Department of Human Services (DHS)
- We will clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.
- We will continue routine cleaning and disinfection.

Exposure to a person who tests positive for COVID-19:

- Exposure is defined as being within 6 feet of the individual who tests positive for COVID-19 for a period of 15 minutes or more. It also means coming into direct contact with droplets from a COVID-19 positive individual. Persons who test positive are considered infectious 48 hours before the onset of symptoms. Persons testing positive but do not have symptoms are considered infectious 2 days after exposure (if known) or starting 2 days before test date (if exposure is unknown).
- **If a staff person, household member, or a child** is exposed to an individual who tests positive for COVID-19: They must self-quarantine for a period of 10 days or follow the “Discontinuing at home isolation” below, based on the CDC guidance and will not be permitted to attend the South Heidelberg Township Playground Program.

SOUTH HEIDELBERG TOWNSHIP COVID-19 STRATEGIES:

A Sick Child or Staff Member

Discontinuing at Home Isolation:

There are different strategies for discontinuing home isolation. Options include a symptom based (i.e., time-since-illness-onset and time-since-recovery strategy) or test based strategy.

1). Symptom-Based Strategy

Individuals with a positive COVID-19 screen or test who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); **and,**
- At least 10 days have passed since symptoms first appeared.

OR

- Determined to have an alternate cause or illness by their primary medical doctor (note required) and all symptoms resolved.

2). Test-Based Strategy

Individuals who have COVID-19 screen or test who have symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- Resolution of fever without the use of fever-reducing medications **and,**
- Improvement in respiratory symptoms (e.g., cough, shortness of breath), **and**
- Negative COVID-19 test results.

For Persons Who Tested Positive but have NOT had COVID-19 Symptoms in Home Isolation:

1). Time-Based Strategy

Persons with laboratory-confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- At least 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test.

If they develop symptoms, then the symptom-based or test-based strategy should be used.

2). Test-Based Strategy

Persons with laboratory-confirmed COVID-19 who have not had any symptoms and were directed to care for themselves at home may discontinue isolation under the following conditions:

- Negative COVID-19 results.

The symptom-based, time-based, and test-based strategies may result in different timeframes for discontinuation of isolation post-recovery. Any individual who becomes ill should contact their medical provider for advice or testing. For any individual who has been exposed to COVID-19 as described above, or who tests positive for COVID-19, follow the information outlined above.